



Margit M. Winstrom, MD

The Good Old Fashioned Family Doc Clinic

"Modern medicine delivered the old fashioned way . . .with TLC"

HO, HO, HO from Drs Winstrom and You (pronounced YO)

WELL NOW YOU HAVE DONE IT !

TOTALLY BLOWN ANOTHER YEAR OF YOUR LIFE

LETS TAKE INVENTORY:

1. Did you have fun?
2. Did you stop to smell the roses ?
3. Did you make lemonade out of your lemons ?
4. Did you recognize the blessings you received?
5. How often were YOU the blessing?.
6. Did you give your loved ones the gift of taking good care of yourself?
7. Did you fill closets or hearts with treasures?
8. Were you *present* during the special moments or do you just have photos ?
9. Did you give back more than you took?
10. Have you banished your Scrooges and look forward with hope and gratitude?

If you scored less than 10/10 you are hereby granted another year to try again.!

Remember you now have access to the 'Best of both worlds'- **Good Old Fashioned Traditional Western Medicine** and ancient, time proven **Acupuncture Techniques of Eastern Medicine**. Between us we can *prod* or *needle* you into fulfilling all your better health new year's resolutions.

**A VERY MERRY CHRISTMAS TO Y' ALL
AND A PERFECTLY HEALTHY NEW YEAR !!!**

DRS WINSTROM AND YOU
and their wonderful elves

PS. Please consider that the most loving and perhaps the most life enhancing gift you give anyone is a gift of "Health Care" We have "**Health Care Gift Cards**" \$75-\$500 .